



a gift from me to you

RELATE COUPLE'S ASSESSMENT

Get started



The world's
most
comprehensive
relationship
assessment



KINDNESS & FLEXIBILITY



The **Kindness scale** measures your underlying personality and how you relate to other people. Are you calm in your interactions? Do you treat other people with consideration and in a friendly manner? The **Flexibility scale** measures how adaptable you and your partner are to challenges in life. Can you go with the flow? Are you open to suggestions? Both of these factors are key underlying personality traits to healthy relationships.

KINDNESS



Happy Valentine's Day!